

DRUG NAME

PROTOS
strontium ranelate 2g

INDICATIONS

Treatment of severe (established) osteoporosis:

- PROTOS should only be used when other medications for the treatment for osteoporosis are considered unsuitable

STAFF CONSIDERATIONS

- Dose: one 2g sachet once daily by oral administration.
- Empty the Protos powder from the sachet into a glass, add a minimum of 30ml (approximately one third of a glass) of water, stir and drink straight away.
- Protos is best taken at bedtime at least 2 hours after food, milk products, and medicines containing calcium.
- If a dose is missed and there is some time before the next dose is due, give the Protos as soon as possible then continue with the next dose as normal.
- Protos should be used with caution in patients with risk factors for cardiovascular events or venous thrombosis: hypertension, diabetes, smoking, hyperlipidaemia.
- Patients should be evaluated for cardiovascular risk prior to commencement of PROTOS and during ongoing treatment every 6 months

PROTOS ALERTS- Do NOT use in people who are immobilized (temporarily or permanent) and in people with established, current or past history of

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| • Ischaemic heart disease | • Peripheral arterial disease | • Cerebrovascular disease |
| • Hypersensitivity to strontium ranelate | • Venous thromboembolism | • Pulmonary embolism |
| • Severe Renal Impairment | • Uncontrolled hypertension (systolic BP \geq 160mmHg, or diastolic BP \geq 90mmHg) | |